. Check your pattern has been printed to scale by measuring the test box is 10cm x 10cm (3 6/8"). Note that a seam allowance of 10mm (1cm or 3/8") has been allowed. In this pattern, the dotted line is the cutting line

2. Cut out pattern pieces from paper sheet. Try

not to use your sewing shears as paper blunts

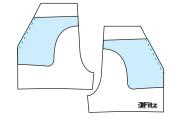
3. Layout and pin to fabric as per guide below. Cut out fabric following dotted line.

fabric.

and the unbroken line is the stitching line.

their edge.

4. Sew pocket facings to front pieces of shorts.



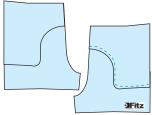


5. Press the pieces out flat. Sew about 1 mm away from the seam stitching the pocket facing to the seam allowance. This stops the pocket facing from showing

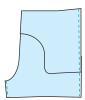
6. Sew decorative stitching.



sew through the front layer if you want the stitching to show. If not only sew through the facing.



outside seam and pressing the seam open.

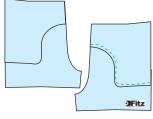


9. Turn one leg inside out and insert in other. Match seams and sew crotch



For making individuals. www.fitzpatterns.com

7. Sew the pocket to the pocket facing. You can

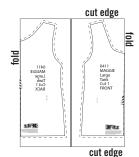


8. Sew side seams of shorts, starting with the



cut edge

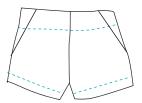
cut edge



Fabric for shorts layout is 150cm wide. Fabric for singlet top can be 115cm wide.

10. Press elastic casing at top over. by 5cm. Wrap length of elastic around your waist until snug, then cut with a 1cm overlap. Sew ends of elastic together. Pin the seam to aside seam of the shorts and pin other side to other seam. Pin elastic evenly to all seams. fold fabric over and stretch elastic and fabric to encase.

11. Finish edges and hem shorts.



11. Sew shoulders and side seams together. Finish edges.



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